



530 St. Andrews Road Columbia SC 29210 803 772 1761 Sopc@sopc.net

MAY

Word of the Month

PENTECOST



Word of the month emails go out each Wednesday with a different explanation for the month's word. If you would like to discuss the explanation, please contact Ed Keelen or Pastor Jana.

> Sunday events: Worship 11:00 am Worship Link: <u>https://zoom.us/j/743754044?</u> <u>pwd=bWIHWWJWOFR4UG1zQkZuRVRIaE41dz09</u> Meeting ID: 743 754 044

> Join us for Adult Sunday School every Sunday! Zoom Link: https://us02web.zoom.us/j/508111743 Passcode: 095858

9:45 am - Adult SS Classes Children & Youth Sunday School classes-no summer classes after this Sunday, May 28, till the fall

#### JUNE AT A GLANCE

Mondays - 7:30 pm NANA Tuesdays - 10:00 am Staff Meeting 7:30 pm NANA Wednesdays - 5:45 pm NAMI in pavilion 7:30 pm NANA Fridays - 6:45 am Lanterns Sundays - 9:45 am Sunday School for adults 11:00 am Worship Service 3:30 pm - Love Revolution

**Starting June 12th to July 4th**, Pastor Jana will be on vacation. Serving as head of staff during this time will be Certified Ruling Elder, Andrea Paschal. Below is Andrea's information if you need to reach her during that time.

CRE Andrea Paschal 803 543 6745 Cell or 803 772 1338 Work andrea@westminsterpres.org



May 29 - Memorial Day - Office Closed May 30 - 6:30 pm Missions Ministry June 2 - LifeLine Screening - Fellowship Hall June 4 & 11 - VBS Training Session for VBS Volunteers - Fellowship Classroom June 18 - Father's Day June 19 - 22 - VBS

# **ReShape Update**

Here's a reminder of the five themes of ReShape:

- We desire to grow in Christ.
- We desire to grow in fellowship and hospitality.
- We desire to grow in mission and service with an emphasis on the least, the last and the lost.
- We desire to grow our community impact.
- We desire to grow in our stewardship of our resources

All of our ReShape efforts are geared in some way to enhance and make real to our congregation these five themes. As you participate in the vari-

ous activities at SOPC. ask yourself, "Which of the five themes am I experiencing now?" It will bring you closer to Christ.







#### See what our youth are up to!



John Hinton Lane Band Concert



Eli Bundrick 1st Concert



Finn Bundrick Soloist







Hadessah Wright Band Concert Congratulations to Hannah for winning two student awards in band at Irmo Middle!



















### VBS EXTRAVAGANZA PLANNING COMMITTEE





VBS Volunteer Training June 4 and 11 Immediately After Worship Fellowship Classroom



































Hannah Circle delivering new blankets for use by the firemen







Mother's Day Tea at Presbyterian Communities, hosted by Hannah's Circle



### **SESSION Updates**

The Session of SOPC met on May 15, 2023 for its monthly stated meeting. The Session approved the following:

Using the book "A Praying Life" by Paul E. Miller for the Roads to Faith class.

Hosting a Men's Prayer event on September 30 from 5:50 to 9 PM. This is being planned by two men that Ed Keelen knows to encourage neighboring churches to have Men's Prayer groups like Lanterns.

Purchasing the Christian Copyright Solutions (CCS) PERFORM music Facilities license for \$270. This will enable us to play recorded music in non-service, non-streamed situations.

Elected Hal Bowman as Treasurer for the 2023-24 Church Year.

Elected Shelagh Wirth as Membership Secretary for the 2023-24 Church Year.

Elected Polly Robinson as Clerk for the 2023-24 Church Year.

Approved not holding the June Stated Session Meeting.

Approved ordaining/installing new elders on July 16.

The following was approved by e-mail votes between the April and May meetings:

- Allowed BK Electric Services to install a microphone to facilitate quality streaming of the organ. The cost was covered by a donation and there was no cost to the church.
- Approved employing Denise Wolfe as Office Administrator beginning May 8, 2023 for 16 hours per week. This will allow Denise some time to work with Shelagh Wirth.



Dear SOPC family,

I'm having trouble finding words to express the gratitude I feel for all your expressions of love and concern shared in so many ways during Ron's heart surgery and recovery - your endless prayers, many delicious meals, calls, texts, lovely cards, and visits. Also, a special thank you to Pastor Jana who came to the hospital many days, bringing a cheerful smile, comforting words, and a time for prayer. Ron and I are blessed to be part of such a loving and supportive congregation. Thanks be to God! I want to express my

Much love, Sue I want to express my deep appreciation to my SOPC family for the many supporting thoughts and prayers that were present during my recent surgery and recovery times. The food that was provided during the transition from the hospital to the home recovery was a delicious support that was greatly appreciated. I want to specifically thank Sue who through this ordeal was my loving caregiver, director of schedule and communications and the required policewoman for my physical therapy and food choices. Ron Kesterson

# **VACATION BIBLE SCHOOL**

# 2023 VACATION BIBLE SCHOOL SEVEN OAKS PRESBYTERIAN CHURCH JUNE 19 – 22, 2023 5:15 – 8:00pm





For Children and Youth completed 4k - 11th grade

Registration Deadline June 15, 2023 We want to be ready for you! REGISTER FOR VBS WITH THIS QR CODE





530 St. Andrew's Rd. Columbia, SC 29210



CDC Guidelines will be followed

## GRADUATES

# Congratulations to these Graduates Who will be honored in worship on

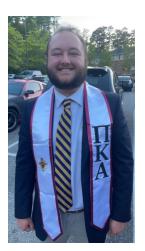
# Sunday May 28



**Finnegan James Creighton** (aka Finn) has graduated early, finishing Lexington High School back in December of 2022. He has been accepted at University of South Carolina in the physics department and wishes to begin study in the Fall of 2023, though he is discerning with God's help the path forward. He is currently employed at Lowe's Foods in the meat department and is a highly appreciated employee, reliable and a very hard worker. He loves all things fishing, bowling, gaming, and spending time with childhood friends. Finn greatly appreciates the

Dannah Lane will graduate from River Bluff High School on June 3. She will attend Coastal Carolina University this fall. Dannah plans to become an entomologist, and will study biology as an undergraduate. She has thoroughly enjoyed her time in the youth group and will miss all the friends she has made here at SOPC.





Jacob Schwartz graduated from Francis Marion University on May 6<sup>th</sup> with a degree in Business Administration and a major in Accounting. He is a member of Beta Gamma Sigma which is a national business honor society. After graduation he will be working for the Pee Dee Coalition in Florence. He will continue being an active member of his fraternity, Pi Kappa Alpha, as an alumni advisor. His parents, Larry and Amy Schwartz, are proud of his accomplishments.

Graduating with Latin Honors – Magna Cum Laude.

Way to Go!!!!

## **Community Updates**

# The love Revolution

Every Sunday from 3:30 - 5:00 pm The Love Revolution is proving to be a blessing to our community. Food, love and hope are being provided weekly to those in need around us. This event is open to everyone. Bring a dish and/or a smile to share God's love.

#### Community partners in this effort are:

Ashland United Methodist Church - first Sunday of the month Palmetto Thrift with financial aid KJ's Market supports us with food and paper supplies

**Help us** Bless our community! Donations for the clothing closet are always welcome! Drop off clothing items in the black baskets in the narthex/ lobby or bring by the church office during office hours.

Clothes Closet is in need of wire hangars, pant hangars and children's small plastic hangars (with indentions to hold tank tops).





#### **SOPC Blessing Box**

Non-perishable food donations for the Blessing Box can be placed inside the box at any time. If you place items, please be sure they are securely wrapped as ants get into the food. If the box is full, please bring your items to the office. SOPC thanks KJ's Grocery Store for donations they provide for our Blessing Box.

MARK YOUR CALENDARS Red Cross Blood Mobile will be on our campus on July 17, 10 am - 2 pm. Watch this space for registration information.





Pentecost Sunday, May 28, wear your red, orange, or yellow to worship!



# Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up



#### Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

#### Peripheral Arterial Disease (PAD):

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.<sup>1</sup>

#### Abdominal Aortic Aneurysm (AAA):

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threatening medical emergency.

# Join The Community Circle

#### Atrial Fibrillation :

A 6-lead

electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.<sup>2</sup>

# We will be in your neighborhood soon Friday, June 2<sup>nd</sup>, 2023 Seven Oaks Presbyterian Church

Get your special Community Circle pricing! Three ways to register and receive the special discount: Call toll-free: 1-800-679-5191 Online: LLSA.SOCIAL/HC Text: the word circle to 216-279-1607



Getting Screened is Simple! Painless, non-invasive, keep your clothes on.



1 https://www.heart.org/en/health-topics/peripheral-artery-disease/about-peripheral-artery-disease-pad

**Contact Information Updates:** 

We have Ira Leon's new address, it is available in the church office.

If your contact information has changed, don't forget to let us know!

Contact information for Pastor Jana Light Creighton: 803 530 4866 Email: jana@sopc.net Jana will be out of the office June 12-July 4

CRE Andrea Paschal will cover for Jana during her time off. 803 543 6745 Cell or 803 772 1338 Work andrea@westminsterpres.org

For church business call: 803-772-1761

If you use the church facilities for any reason please remember to turn off lights, turn the air off, <u>make sure no water is running</u> (toilets or sinks) and lock the doors. Please also let Karl know when you leave by calling or texting 803-237-4519 so we can keep the facilities clean and sanitized. Thank you!

If you have information to be included in the weekly bulletin or newsletter, please have your information to the church office (sopc@sopc.net) no later than 10:00 am Tuesday the week of publication. Thank you!

### Ways to Give to Seven Oaks

To give via text:			To Give via mail:
Step 1	Step 2	Step 3	
Enter 732-56 After to	Type Sevenoaks as your message and hit send	Enter 732-56	530 St. Andrews Rd. Columbia, SC 29210
To give via our web	site:		
Step 1	Step 2	I	Seven Oaks Presbyterian Church Columbia, SC

go to sopc.net	Click on "Give" at the top right. A window will open that will guide you through the process.
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