## The Leaflet



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**AUGUST** 



#### **COURAGE**

Word of the month emails go out each Wednesday with a different explanation for the month's word. If you would like to discuss the explanation, please contact Ed Keelen or Pastor Jana.

Sunday events: Worship 11:00 am
Worship Link: <a href="https://zoom.us/j/743754044?">https://zoom.us/j/743754044?</a>
<a href="pwd=bWIHWWJWOFR4UG1zQkZuRVRIaE41dz09">pwd=bWIHWWJWOFR4UG1zQkZuRVRIaE41dz09</a>
<a href="mailto:743754044">Meeting ID: 743754044</a>

9:45 am - Adult SS Classes Children & Youth Sunday School Classes - no summer classes

The Roads to Faith Sunday School Class will be meeting with the Fellowship Class this summer

The Class starts at 10:00 am with fellowship beginning at 9:30 am.
All are welcome!
Come join us and walk with God!!

#### **AUGUST DATES AT A GLANCE**

	Sunday	9:45 am 11:00 am	Sunday School for Adults Worship Service
August Word of the Month:  COURAGE		1:30 pm - 4 pm	Mision Cristiana Elim Internacional
		3:30 pm - 5 pm	Love Revolution
	Monday	8 am - 4 pm	Peaceful Gatherings Nature School
		7:30 pm	NANA
		8:00 pm	Mision Cristiana Elim Internacional
	Tuesday	8 am - 4 pm	Peaceful Gatherings Nature School
		7:30 pm	NANA
	Wednesday	8 am - 4 pm	Peaceful Gatherings Nature School
		5:45 pm	NAMI in Pavilion
		7:30 pm	NANA
	Thursday	8 am - 4 pm	Peaceful Gatherings Nature School
	Friday	6:45 am	Lanterns Men's Prayer Group
		8 am - 4 pm	Peaceful Gatherings Nature School

### **NUEVA PAZ VBS CELEBRATION**









October 21 (No home games for USC and Clemson) 10am-2pm

RAIN DATE Sunday October 22 1-4pm

- 4 components for community to take part in.
- 1. Rummage Sale (headed up by Loretta Demko). We need donations of anything you'd typically sell in a yard sale, delivered to the church by appointment or to the office during the work week. It is being stored and arranged in Building B downstairs!
- 2. Bazaar Sale- rent a table for \$25 for a 6 foot table, \$35 for an 8 foot table OR share a table for a little pre-holiday shopping!
- Table proceeds go to support missions at SOPC
- Anyone who sells items at their table has the option to donate proceeds to SOPC should they wish.
- Youth will have a bake sale table
- 3. Food Truck- we will be developing a plan for some free foods for our community, stay tuned.
- 4. Fall Festival- A Kids and community paradise! Games, Face Painting, Costumes, Prizes, A CAKE WALK, Scriptures and FUN in the courtyard.





Youth Sunday School begins on Rally Day, September 10th, 10

**-10:30 am** in the Youth SS room (near Fellowship Hall)! Our Sunday School curriculum is Faith Questions, led by a rotating staff of teachers to get a wide variety of perspectives on life in faith. You don't want to miss the fellowship, snacks, conversation and fun!

**Youth BOAT Trip! September 23**, Meet at the park on the Irmo side of the Dam where we will board our vessels, from 1 pm-5 pm. Wear a bathing suit, bring a towel, a drink and a snack to share, sunscreen, and life jacket (if you have one), and a sense of adventure!

Youth nights begin September 24th at Seven Oaks Park, 5:30-7 pm. Bring a friend, tennis shoes, a water bottle, pizza is served and be ready to play and grow together to kick off the new year!



**Confirmation curriculum is the Alpha Series** where we explore our faith, ask deep questions and grow together as young adults with God! This is a wonderful opportunity for our youth to be in a safe place to delve deeper into their thoughts and share opinions in a friendly environment that supports their individual opinions.

Confirmation will last through May of 2024. We will learn and grow together in the faith and in community.

There are so many reasons why our vouth should belong to a church vouth

youth should belong to a church youth group. Personally, my children thrived in the youth groups here in South Carolina and I feel it made them much stronger individually and they felt like they belonged! There was always laughter when they talked about the games they played and some tears when someone shared something sad. As a teen that is so important and what better way to express your love and trust of God by encouraging them to be in a safe environment where they can have fun, share experiences, and talk about the troubles of their heart in a safe environment where they are not criticized but their opinion is welcomed. I found this little blurb to be perfect for parents to read about the importance of being a part of a youth group.

-Denise Wolfe

## Teens find a place to belong.

Young people these days have a deep need to belong and know their place in the world. They want a community that loves and accepts them. Our mission trips give them a place to share an experience with others, grow together, and bond with their group and people from across the country. The relationships that form during a mission trip aren't something teens experience elsewhere. Not just with people but their relationship with Christ. Our trips allow them to search their hearts, find their worth, and know they are loved beyond measure. Many teens are so inward-focused that taking them out of their comfort zone opens their eyes to a lot of life they had been missing.

**Credit to Group Missions Trips** 

### **SCAM INFORMATION**



The past couple of weeks we unfortunately have been dealing with some scams. These people are professionals in what they do to scam people. We have been in touch with Realm who advised us that they have not been compromised and I have also contacted Flocknote who also advised me that they have not been compromised either. Both gave us some good information and links that I want to share with you to help you be on the lookout for these people.

Don't Fall for These Social Engineering Scams



https://help.acst.com/en/trust-center/social-engineering/dont-fall-for-these-social-engineering-scams

What can a scammer find out about you?

https://help.acst.com/en/trust-center/social-engineering/what-can-a-scammer-find-out-about-you

Beware of Phishing Emails

https://help.acst.com/en/trust-center/social-engineering/beware-of-phishing-emails

Church Gift Card Scams

https://help.acst.com/en/trust-center/social-engineering/church-gift-card-scams



This one is the most popular scam that is going on right now.

**IF you don't remember** your password, when you go to the login page there will be a prompt asking if you forgot your password. Use that to create a new password. I know some of us keep it on file so we don't have to put in the password each time, but don't sign in just use "Forgot Password" on the sign in page.

#### Flocknote provided this information below:

How does Flocknote help your church members *not* get caught falling for one of the many phishing scams that are affecting thousands? Read on to find out!



If you are reading this, you're either...

- 1. ...educating yourself about and setting a line of defense against horrible phishing scams, or...
- 2. ...you've been a victim of the scams.

If it's the former, we're so glad you're here! If it's the latter, we're so sorry that your church has been affected by a scam.

The good news is, this is not specific to Flocknote--your Flocknote network is safe. The bad news is, it's affected thousands of churches around the world. Typically when this happens, someone impersonates a priest, bishop, pastor, or church leader – and then sends email to publicly-available email addresses (like on the parish website or bulletin), usually asking for a favor. This is why having a secure, bulk email & text messaging tool like Flocknote is essential. Because then you can tell your parishioners that official church communications will only ever come from "mail@flocknote.com" and the church's official parish / diocesan email address.

At any rate, in an abundance of security, if you come across anything like that, feel free to send it our way by emailing help@flocknote.com, and we'd be happy to look into it to make sure nothing's amiss. Also, be sure to check out the article linked below, which outlines our Privacy Policy here at Flocknote. In a nutshell, your member's information is safe with us. We will never, ever sell or share it. Pinky promise.

#### **MISSIONS**

#### **Cuban Feminine Project**

We are making progress slowly but surely with our pads and storage bags. We would love to have more folks involved. If you can sew a straight line, you could make an easy pleasure storage bag. If you need some instruction on making these reusable pads or just need more supplies, Kitsie will be in the Fellowship Hall between 9 am and 11:30 am on Saturday mornings on the following dates: August 19, September 2, 9, 16, 23, 30, and October 7, 14, 28, and November 4, 11, 18, and 25. If another day suits you better, please call Kitsie at 803-463-6958. We love sharing the good vibes we feel when working on this incredible project. Thank you.

If you are interested in making a contribution to help the people in Maui, Hawaii, please make checks out to SOPC and mark for disaster relief.

### **CAREGIVERS GROUP**

# HERE ARE MY TOP THREE THINGS YOU CAN PUT TO WORK IN YOUR LIFE RIGHT NOW TO GO INTO WARRIOR MODE:

#### 1. Say No by Saying Y.E.S.

If you're a Yes-A-Holic like me your life is probably cluttered because you aren't so good at saying "No". Well, here's how I got into recovery and you can too. Before you say YES to anything, **think of YES as standing for Your Empowerment System**. What does it take to make you feel empowered? You probably need to feel valued, respected, worthy, safe, capable, etc. So, how come you say yes to so many things and then immediately begin to feel terrible? It's amazing how many things we do that actually make us feel badly about ourselves. Like being a pushover for



volunteering to handle everything yourself again! Or stay late at work or whatever? **Before you agree to do anything, make sure it fits it Your Empowerment System.** If it's not a "YES" for you, shake your head and walk away!

#### 2. Warriors are not victims.

Period. So banish the blame and claim victory over victimization. You can't reach for tomorrow if your hands are filled with yesterday's junk. Louise Smith said that and she may as well have written it about caregivers. This is NOT the life you ordered. Yes, and??? It's where you are now and the sooner you can move forward, the better. By the way, in your elevator to success on this one you may have to stop and let some people off because not everyone can take this trip with you. That's ok. Release them and move on.

#### 3. Find Your Sanity Sanctuary.

This is non-negotiable. Caregiving is not a sprint. **To go the distance in the marathon, you've got to fuel up with the things that keep you on track.** So, if it's your yoga class or your morning newspaper, carve it out. If it's your nightly bubble bath or your stroll around the block with Spot, protect it like it's the last great thing on earth. **Pay attention to those rare moments when you're NOT feeling overwhelmed and make them routine.** They say it takes 21 days to create a habit, so habitualize survival – no mater how trite or trivial it may seem to anyone else.

Credit of this article goes to the link listed here, please read more online at <u>Self-Care :: Leeza's Care Connection</u> (leezascareconnection.org)

Leeza's Care Connection is a signature program of the Leeza Gibbon's Memory Foundation, a 501(c)(3) nonprofit organization. All donations are tax deductible.

## **MISION CRISTIANA BIRTHDAY CELEBRATION IN THE PAVILION!**







## IN REMEMBRENCE OF ELDER RICHARD BRINKLEY



Richard loved Seven Oaks
Presbyterian Church and was involved
in many projects to help keep our
property and grounds in good shape.
Here we have a picture of Richard
helping with the planting of a tree. He
will be truly missed by all at SOPC.

### **RESHAPE UPDATE**



**We have been providing** excerpts of each ReShape Theme from our Ministry Guide to help you understand our guiding principles. This issue presents the fourth theme, "Growth in Our Community."

Examples from the Guide are:

- a. Drive Through Prayer
  - 1. Drive through prayers quarterly
- b. Partner with food truck to serve community
- c. Partner with other congregations
  - Form alliances with McGregor, Westminster to aggregate resources for maximum effectiveness
  - 2. Welcome other pastors and denominations into the fold as appropriate
  - 3. Youth working together as able
- d. Benchmark other churches/non-profits for their expertise in writing and obtaining grants

More recently, we have identified "Community Outreach" events like Fall Festival with wider community participation, a BlueGrass and Fish Fry event, an Arts under the Oaks event. We feel that these community events are an important way of increasing community awareness of just how special Seven Oaks is.

### **MUSIC MINISTRY**



During the months of September and October, even though our worship service music will be a little different, we still need a strong choir to lead the congregation in hymns and responses. Anyone who wants to share their voice in joyful song should come to the Choir Room at 10:45 am each Sunday morning.

### **HELP WANTED**

WE WILL BE HAVING CHURCH CLEANUP INSIDE AND OUTSIDE ON AUGUST 25&26 FROM 8 AM - 12 PM. WE NEED VOLUNTEERS! PLEASE CONTACT KARL THOMPSON, JOHN CARTER, OR THE CHURCH OFFICE TO LET US KNOW WHO CAN HELP. THANK YOU!



### **UPCOMING EVENTS - DON'T MISS OUT!**



Cuba - Ever wanted to go to Cuba? Want to learn the culture and meet our sister church, Nueva Paz (New Peace)? Want to be blessed by the generosity

that exists in this beautiful place? There is a trip being planned for **December 8-December 15**! We need to begin Cuban passport work within the month. If you are interested please contact **Ben Smith**, **Robert Miller** or **Pastor Jana** as soon as possible!



Please join us as we celebrate and honor our devoted organist and choir director, Dr. Lloyd Pilkington, as he retires from SOPC on August 27. We will have a reception for him immediately after Worship.



The August 21st Ladies Luncheon will be held at 12 pm, Poogan's Southern Kitchen, 4605 Forest Dr, Columbia, SC. If attending, please notify Margaret Royals 803-957-0430 or 803-608-1434 email mroyals052@gmail.com.



Men's Prayer Event -Becoming Kings: Feast and Film on Saturday, September 30, 6:30-9:30 pm.

### MORE Justice is beginning the Listening

Process. This focuses on stories shared in House Meetings. SOPC is taking a different approach this year. We will have one big House Meeting at the church on October 3rd at 6:30 PM. If you are a committed member, please mark your calendars and invite your friends, neighbors and fellow church members to join you. Looking forward to a great meeting and seeing all of you together!



August 25 & 26, 8 am - 12 pm - Church Cleanup

August 27 - Lloyd Pilkington Retirement Reception

immediately after Worship

August 28, 1 pm - Care Givers Group w/lunch provided by Jenny Fogle

September 10 - Rally Day - More information to come

September 23, 1 - 5 pm - Youth Boat Trip - Irmo Side of Dam

September 24 - Hymn Sing

September 24, 5:30 pm - Youth Night Joint Kick Off

September 30, 6:30-9:30 pm - Men's Prayer Event

October 3, 6:30-7:30 pm - MORE Justice House Mtg

October 21, 10-2 pm - Fall Festival

October 22, 1-4 pm - Fall Festival Rain Date for Kids Activities

## **Community Updates**

## The love Revolution

Every Sunday from 3:30 - 5:00 pm The Love Revolution is proving to be a blessing to our community. Food, love and hope are being provided weekly to those in need around us. This event is open to everyone.

Bring a dish and/or a smile to share God's love.

#### Community partners in this effort are:

Ashland United Methodist Church - First Sunday of the month
Palmetto Thrift with financial aid
KJ's Market supports us with
food and paper supplies



**Help Us Bless Our Community!** Donations for the clothing closet are always welcome! Drop off clothing items in the black baskets in the narthex/lobby or bring by the church office during office hours.

The Clothes Closet is in need of wire hangars, pant hangars and children's small plastic hangars (with indentions to hold tank tops). We are, also, in great need of combs, disposable razors, brushes, travel size mini toiletries, deodorant, and any hygiene items would be greatly appreciated.

### SOPC Blessing Box

**Non-perishable food donations** for the Blessing Box can be placed inside the box at any time. If you place items, please be sure they are securely wrapped as ants get into the food. If the box is full, please bring your items to the office. SOPC thanks KJ's Grocery Store for donations they provide for our Blessing Box.

There is an increase in needs such as crackers, breakfast bars, snacks, and Capri Suns.



Contact information for Pastor Jana Light Creighton: 803 530 4866 Email: jana@sopc.net

For church business call: 803-772-1761

or email: sopc@sopc.net

Office Hours: Monday - Thursday 10 am - 3 pm If you use the church facilities for any reason please remember to turn off lights, turn the air off, make sure no water is running (toilets or sinks) and lock the doors. Please also let Karl know when you leave by calling or texting 803-237-4519 so we can keep the facilities clean and sanitized. Thank you!



If you have information to be included in the weekly bulletin or newsletter, please have your information to the church office (sopc@sopc.net) no later than 10:00 am Tuesday the week of publication. Thank you!

### Ways to Give to Seven Oaks

To give via text:

Step 1 Step 2 Step 3

Enter 732-56 Type Sevenoaks as After to your message and hit

send

Enter 732-56

To Give via mail:

530 St. Andrews Rd. Columbia, SC 29210

### To give via our website:

Step 1 Step 2

go to sopc.net

Click on "Give" at the top right. A window will open that will guide you through the

process.

